

BAR  
|| MENU ||

dulse

THE  
WATERFRONT



MILFORD  
HAVEN

**BREAKFAST**

**AVAILABLE 6.30AM TO 10.30AM**

## || Breakfast Rolls

**SWEETCURED BACON ON A TOASTED**

**SOURDOUGH BUN || £5.50**

WITH SAUTÉED PEMBROKESHIRE POTATOES

(G.S)

**GRILLED SAUSAGE ON A TOASTED**

**SOURDOUGH BUN || £5.50**

WITH SAUTÉED PEMBROKESHIRE POTATOES

(G.S)

**GLAMORGAN SAUSAGE ON A TOASTED**

**SOURDOUGH BUN || £5.50**

WITH SAUTÉED PEMBROKESHIRE POTATOES

(V.G.M.U.D.E.S)

**ADD EGG (V.E), BACON OR SAUSAGE || £1.00 EACH**

**BREAKFAST**

**AVAILABLE 6.30AM TO 10.30AM**

## || Pastry Selection

**BAKED CROISSANT || £3.50**

**WITH PRESERVES AND WELSH BUTTER**

(V,G,D,E)

**DANISH PASTRY AND COFFEE || £5.50**

**WITH PRESERVES AND WELSH BUTTER**

(V,G,N,P,D,E)

LIGHT BITES

AVAILABLE 12PM TO 6PM

## || Soup & Salad

### DULSE CAESAR SALAD || £11.00

GEM LETTUCE, CAESAR DRESSING, CROUTONS, PICKLED ANCHOVIES,  
GRAN LEVANTE CHEESE, SEAWEED CRISP

(F,G,S,D,SD,MU)

### DULSE SEAFOOD CHOWDER || £9.00

CHARRED CORNBREAD, SEAWEED BUTTER

(F,M,G,D,SD,C)

### ONION AND PEMBROKESHIRE CIDER SOUP || £7.50

HAZELNUT, SHALLOT, SAGE

(V,N,SD)

**LIGHT BITES**

**AVAILABLE 12PM TO 6PM**

## || Bloomer Sandwiches

ALL SERVED ON LOCALLY BAKED WHITE OR BROWN BLOOMER BREAD, WITH WELSH CRISPS AND SALAD

**PRAWNS MARIE ROSE || £11.50**

LETTUCE, TOMATO

(CR,G,S,D,SD,MU)

**CHICKEN, BACON, LETTUCE AND TOMATO || £9.50**

HERB MAYONNAISE

(G,S,D,SD,MU)

**BRIE, RED ONION AND CRANBERRY || £9.50**

ROCKET LEAVES

(V,G,D,S,SD,MU)

## || Bagels

**SMOKED SALMON || £14.00**

CAPER AND CHILLI CREAM CHEESE, PICKLES, GEM LETTUCE, SERVED WITH FRIES

(F,G,D,SD)

**PASTRAMI || £13.00**

SWEET MUSTARD MAYONNAISE, SAUERKRAUT, CHEESE AND PICKLES,  
SERVED WITH FRIES

(G,D,MU,SD)

## || Po' Boys

### **DULSE PRAWN PO' BOY || £14.00**

PEMBROKESHIRE CHILLI FARM SPICED PRAWNS, SEAWEED AND LIME REMOULADE, TOMATO AND LETTUCE, SERVED WITH FRIES

(C,R,G,S,D,E,SD,MU)

### **DULSE HALLOUMI PO' BOY || £13.00**

PEMBROKESHIRE CHILLI FARM SPICED HALLOUMI, SEAWEED AND LIME REMOULADE, TOMATO AND LETTUCE, SERVED WITH FRIES

(V,G,S,D,E,SD,MU)

## || Dulse Cream Tea

**FRUIT SCONE, BARA BRITH, CHERRY & WHITE  
CHOCOLATE BLONDIE AND WELSH CAKES**

**|| £15.00 PER PERSON**

SERVED WITH CLOTTED CREAM AND STRAWBERRY JAM (V,G,S,D,E)

ACCOMPANIED BY YOUR CHOICE OF WELSH BREW TEA  
OR AMERICANO COFFEE

## || Cake Selection

**BARA BRITH AND WELSH CAKES WITH CLOTTED CREAM || £6.25**  
(V,G,D,E,SD)

**FRUIT SCONE WITH CLOTTED CREAM AND JAM || £6.00**  
(V,G,D,E)

**LEMON DRIZZLE CAKE || £4.50**  
(V,G,D,E)

**CHOCOLATE BROWNIE || £4.25**  
(V,G,S)

**ROCKY ROAD || £4.25**  
(V,G,D,S)

**APRICOT FLAP JACK || £4.00**  
(V,G,D)

A discretionary 10% service charge will be added to your bill.

Please advise us of any food allergies. Whilst every care is taken, we cannot guarantee that our kitchens are an allergen free environment, nor can we guarantee the processes used by our ingredient manufacturers.

✓ Plant-based (V) Vegetarian, (G) Contains gluten, (D) Contains dairy/milk, (N) Contains nuts, (P) Contains peanuts, (E) Contains egg, (F) Contains fish, (Cr) Contains crustaceans, (M) Contains molluscs, (S) Contains soya, (C) Contains celery, (Mu) Contains mustard, (Se) Contains sesame seeds, (SD) Contains sulphur dioxide, (L) Contains lupin.

# dulse

THE  
WATERFRONT



MILFORD  
HAVEN





|| DRINKS ||  
MENU

## || Gin (25ML)

GORDON'S LONDON DRY 37.5% || £5.45

GORDON'S PREMIUM PINK 37.5% || £5.45

TANQUERAY LONDON DRY 41.3% || £5.95

BOMBAY SAPPHIRE 40.0% || £5.95

TANQUERAY BLACKCURRANT ROYALE 41.3% || £5.95

TANQUERAY SEVILLA ORANGE 41.3% || £5.95

HENDRICKS 41.4% || £6.45

CARDIFF WELSH DRY  40.0% || £6.45

PEMBROKESHIRE PINKY WELSH  40.0% || £6.45

CYGNET WELSH DRY  40.0% || £6.45

IN THE WELSH WIND SIGNATURE STYLE GIN  43.0% || £6.95

CHASE PINK GRAPEFRUIT & POMELO 40.0% || £7.25

CHASE RHUBARB & BRAMLEY APPLE 40.0% || £7.25

CHASE RASPBERRY & BASIL 40.0% || £7.25

CYGNET 22  44.0% || £7.45

TANQUERAY ZERO 0% 0.0% || £3.95

TANQUERAY SEVILLA ZERO 0% 0.0% || £3.95

## || Mixers (200ML)

BRITVIC MIXERS || £2.45

LONDON ESSENCE MIXERS || £2.95

RED BULL || £5.25

## || Whisky (25ML)

JOHNNIE WALKER RED LABEL 40.0% || £5.45

ABER FALLS SINGLE MALT WELSH WHISKY 🦊  
40.0% || £5.75

JACK DANIELS 40.0% || £5.95

JAMESON 40.0% || £6.45

BULLEIT BOURBON 45.0% || £6.45

WOODFORD RESERVE 43.2% || £6.95

JOHNNIE WALKER BLACK LABEL 40.0% || £7.95

DALWHINNIE 15 YEARS 43.0% || £8.45

## || Rum (25ML)

CAPTAIN MORGAN WHITE 37.5% || £5.45

CAPTAIN MORGAN DARK 40.0% || £5.45

CAPTAIN MORGAN SPICED 35.0% || £5.45

CAPTAIN MORGAN BLACK SPICED 40.0% || £5.95

BARTI SPICED 🦊 35.0% || £5.95

MIMOSA RWM ESPIRITU LIQUEUR 🦊 29.0% || £5.95

MORTAL BUNNY SPICED RUM BLACK CHERRY 🦊  
40.0% || £6.25

CAPTAIN MORGAN SPICED GOLD 0.0% 0.0 || £3.95

## || Vodka (25ML)

**SMIRNOFF RED** 37.5% || **£5.45**

**SMIRNOFF VANILLA** 37.5% || **£5.45**

**KETEL ONE** 40.0% || **£5.95**

**KETEL ONE CITROEN** 40.0% || **£5.95**

**BRECON FIVE** 🦊 43.0% || **£6.45**

**CIROC** 40.0% || **£6.95**

**IN THE WELSH WIND THREE GRAIN VODKA** 🦊 43.0% || **£6.95**

**STRYKK ZERO (NO ALCOHOL)** 0.0% || **£3.95**

## || Aperitif (50ML)

**MARTINI EXTRA DRY** 15.0% || **£5.45**

**MARTINI ROSSO (SWEET)** 15.0% || **£5.45**

**MARTINI BIANCO** 15.0% || **£5.45**

**CAMPARI** 25.0% || **£5.45**

**PIMM'S NO.1** 25.0% || **£5.45**

## || Port (50ML)

**GRAHAM'S SIX GRAPES** 20.0% || **£5.45**

**GRAHAM'S FINE WHITE** 19.0% || **£6.45**

## || Cognac (25ML)

**REMY MARTIN VSOP** 40.0% || **£6.25**


**REMY MARTIN 1738** 40.0% || **£7.25**

## || Tequila (25ML)


**JOSE CUERVO SILVER** 38.0% || **£5.75**

**DON JULIO ANEJO** 35.0% || **£7.25**


## || Liqueurs

	25ML	50ML
<b>APEROL</b> 11.0%		<b>£8.45</b>
<b>ARCHERS PEACH</b> 18.0%	<b>£5.75</b>	
<b>BAILEYS</b> <small>(D)</small> 17.0%		<b>£9.95</b>
<b>BARTI CREAM</b>  15%	<b>£5.75</b>	
<b>CHASE ELDERFLOWER</b> 20.0%	<b>£5.75</b>	
<b>CHAMBORD</b> 16.5%	<b>£5.25</b>	
<b>COINTREAU</b> 40.0%	<b>£5.25</b>	
<b>DISARONNO AMARETTO</b> 28.0%	<b>£5.25</b>	
<b>DRAMBUIE</b> 40.0%	<b>£5.75</b>	
<b>GRAND MARNIER</b> 40.0%	<b>£5.75</b>	
<b>JAGERMEISTER</b> 35.0%	<b>£5.75</b>	
<b>LIMONCELLO</b> 27.0%	<b>£5.75</b>	
<b>MALIBU</b> 21.0%	<b>£5.75</b>	
<b>SOUTHERN COMFORT</b> 35.0%	<b>£5.75</b>	
<b>TEQUILA ROSE</b> <small>(D)</small> 15.0%	<b>£5.75</b>	
<b>TIA MARIA</b> 20.0%	<b>£5.75</b>	
<b>SAMBUCA</b> 38.0%	<b>£5.75</b>	



## || Draught Beer and Cider

	1/2 PINT	PINT
<b>AMSTEL</b> (G) 4.1%	£3.25	£5.75
<b>GUINNESS</b> (G) 4.1%	£3.50	£6.50
<b>BRIXTON PALE ALE</b> (G) 4.2%	£3.50	£6.50
<b>BIRRA MORETTI</b> (G) 4.6%	£3.50	£6.50
<b>HEINEKEN</b> (G) 5.0%	£3.35	£6.25
<b>INCH'S CIDER</b> 4.5%	£3.35	£6.25
<b>FELINFOEL ESB</b>  (G) 4.2%	£3.35	£6.25

## || Bottled Beer and Cider

	330ML	500ML
<b>HEINEKEN</b> (G) 5.0%	£5.25	
<b>SOL</b> (G) 4.2%	£5.25	
<b>PERONI</b> (G) 5.0%	£6.25	
<b>BULMERS ORIGINAL</b> (SD) 4.5%		£6.25
<b>BULMERS RED BERRIES &amp; LIME</b> (SD) 4.0%		£6.25
<b>GLAMORGAN JEMIMA'S PITCHFORK</b>  (G) 4.5%		£6.25
<b>HEINEKEN (NO ALCOHOL)</b> (G) 0.0%	£3.95	
<b>OLD MOUT BERRIES &amp; CHERRIES 0%</b> 0.0%		£3.95
<b>GUINNESS 0%</b> (CAN)		£4.25

## || Soft Drinks

	SMALL	LARGE	BOTTLE
DRAUGHT PEPSI	£2.95	£4.95	
PEPSI MAX			
LEMONADE			
JUICES - ORANGE, APPLE, TOMATO, CRANBERRY, PINEAPPLE	£2.95	£4.95	
LEMONADE WITH CORDIAL OR JUICE	£2.95	£4.95	
CORDIAL WITH WATER OR SODA	£1.55	£2.95	
COKE/DIET COKE/COKE ZERO			£3.95
APPLETISER			£3.95
J20			£3.95
BRITVIC MIXERS			£2.45
LONDON ESSENCE MIXERS			£2.95
RADNOR HILLS 330ML 			£3.25
(STILL/SPARKLING)			
RADNOR HILLS 750ML 			£5.25
(STILL/SPARKLING)			
RED BULL (CAN)			£5.25

## || Wine

### CHAMPAGNE AND SPARKLING (SD)

PROSECCO SPUMANTE DOC BORGO ALATO, ITALY	£45.95
PROSECCO ROSE BAROCCA, ITALY	£46.25
MARQUES DE CACERES CAVA BRUT, SPAIN	£61.95
MONOPOLE HEIDSIECK SILVER TOP, FRANCE	£71.95
MONOPOLE HEIDSIECK ROSE TOP, FRANCE	£76.95
POMMERY BRUT ROYAL, FRANCE	£95.50
POMMERY BRUT ROSE, FRANCE	£105.95

### WHITE (SD)

PICO ALTO CHARDONNAY RESERVA, CHILE	£29.95
PICO ALTO SAUVIGNON BLANC RESERVA, CHILE	£29.95
PINOT GRIGIO IGT VILLA ALBINI, ITALY	£33.95
LUNAKA VIOGNIER RESERVA, CHILE	£37.25
MARQUES DE CACERES EXCELLENS BLANCO RIOJA, SPAIN	£41.50
DOMAINE DEL SOL PICPOUL DE PINET, FRANCE	£42.95
ALLAN SCOTT ESTATE SAUVIGNON BLANC, NEW ZEALAND	£44.95



## || Wine

### RED (SD)

PICO ALTO, CABERNET SAUVIGNON RESERVA, CHILE	£29.95
PICO ALTO, MERLOT RESERVA, CHILE	£29.95
HUTTON RIDGE SHIRAZ, SOUTH AFRICA	£32.95
LUNAKA PINOT NOIR RESERVA, CHILE	£35.45
MC EXCELLENS CUVÉE ESPECIAL CRIANZA, RIOJA, SPAIN	£37.95
CHATEAU LACOSTE GARZAC, FRANCE	£41.45
FAMILIA GASCON MALBEC, ARGENTINA	£43.95

### ROSÉ (SD)

PICO ALTO, ROSE RESERVA, CHILE	£29.95
PINOT GRIGIO ROSTO IGT VILLA ALBINI, ITALY	£33.95
GREAT BEAR ZINFANDEL ROSE, USA	£38.50

### ZERO ALCHOL (SD)

NOUGHTY THOMSONS AND SCOTT 0% SPARKLING WINE, SPAIN	£23.95
TORRES NATUREO-RED 0%, SPAIN	£18.95
TORRES NATUREO-WHITE 0%, SPAIN	£18.95
TORRES NATUREO-ROSE 0%, SPAIN	£18.95

## Wine by the Glass

### SPARKLING (SD)

	125ML		
PROSECCO SPUMANTE DOC BORGO ALATO, ITALY	£7.95		

### WHITE (SD)

	125ML	175ML	250ML
PICO ALTO CHARDONNAY RESERVA, CHILE	£6.45	£9.25	£11.45
PICO ALTO SAUVIGNON BLANC RESERVA, CHILE	£6.45	£9.25	£11.45
PINOT GRIGIO IGT VILLA ALBINI, ITALY	£7.45	£9.75	£12.45
LUNAKA VIOGNIER RESERVA, CHILE	£7.95	£10.25	£13.45
MARQUES DE CACERES EXCELLENS BLANCO RIOJA, SPAIN	£8.45	£10.95	£13.95
ALLAN SCOTT ESTATE SAUVIGNON BLANC, NEW ZEALAND	£8.95	£11.95	£15.45

### ROSÉ (SD)

	125ML	175ML	250ML
PICO ALTO, ROSE RESERVA, CHILE	£6.45	£9.25	£11.45
PINOT GRIGIO ROSTO IGT VILLA ALBINI, ITALY	£7.45	£9.75	£12.95
GREAT BEAR ZINFANDEL ROSE, USA	£8.45	£11.00	£13.95

### RED (SD)

	125ML	175ML	250ML
PICO ALTO, CABERNET SAUVIGNON RESERVA, CHILE	£6.45	£9.25	£11.45
PICO ALTO, MERLOT RESERVA, CHILE	£6.45	£9.25	£11.45
HUTTON RIDGE SHIRAZ, SOUTH AFRICA	£6.95	£9.95	£12.05
LUNAKA PINOT NOIR RESERVA, CHILE	£7.95	£10.25	£13.45
MC EXCELLENS CUVÉE ESPECIAL CRIANZA, RIOJA, SPAIN	£8.45	£10.95	£13.95
FAMILIA GASCON MALBEC, ARGENTINA	£8.95	£11.95	£15.45

### ZERO ALCHOL (SD)

NOUGHTY THOMSONS AND SCOTT 0% SPARKLING, SPAIN	£4.95		
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## || Hot Beverages

SINGLE ESPRESSO (V) || £4.45

DOUBLE ESPRESSO (V) || £5.45

AMERICANO (V,D) || £4.45

CAPPUCCINO (V,D) || £5.45

MOCHACCINO (V,D) || £5.45

MACCHIATO (V,D) || £5.45

CAFÉ LATTE (V,D) || £5.45

FLAT WHITE (V,D) || £5.45

ADD SYRUP FLAVOUR || £1.05

WELSH BREW TEA SELECTION  || £4.45

HOT CHOCOLATE (V,G,D) || £5.45

## || Liqueur Coffees

WELSH COFFEE WITH ABER FALLS WHISKY  || £9.95

IRISH COFFEE WITH JAMESON IRISH WHISKEY || £9.95

GAELIC COFFEE WITH JOHNNIE WALKER SCOTCH WHISKY || £9.95

FRENCH COFFEE WITH REMY MARTIN VSOP COGNAC || £9.95

ITALIAN COFFEE WITH DISARONNO AMARETTO || £9.95

CALYPSO COFFEE WITH TIA MARIA || £9.95

PEMBROKESHIRE COFFEE WITH BARTI CREAM LIQUEUR  || £9.95

A discretionary 10% service charge will be added to your bill.

Please advise us of any food allergies. Whilst every care is taken, we cannot guarantee that our kitchens are an allergen free environment, nor can we guarantee the processes used by our ingredient manufacturers.

(V) Vegetarian, (G) Contains gluten, (D) Contains dairy/milk, (N) Contains nuts, (P) Contains peanuts, (E) Contains egg, (F) Contains fish, (Cr) Contains crustaceans, (M) Contains molluscs, (S) Contains soya, (C) Contains celery, (Mu) Contains mustard, (Se) Contains sesame seeds, (SD) Contains sulphur dioxide, (L) Contains lupin.